

As the example below, if you send/receive about 15 emails, visit 33 web pages, upload 3 posts (with photo) in facebook, watch 1 hour of standard streaming video and download 3 songs every day, you would use approximately 5GB of data per month.

Please insert below the information that best describes your needs to estimate your monthly usage

TYPE OF SERVICE	Daily Usage	
EMAILS SENT/RECEIVE with ATTACHMENTS	15 Emails	131.84 MB
WEB PAGES VISITED	33 Pages	990 MB
SOCIAL MEDIA POSTS WITH PHOTOS	3 Posts	Every month you would consume 43.945 MB
HOURS OF STANDARD STREAMING VIDEO	1 Hours	3600 MB
SONGS DOWNLOADED	3 Songs	360 MB

YOUR ESTIMATED MONTHLY USAGE	5.0 GB
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Below are general guidelines for the amount of data used per service:

• 1 email (no attachment)	35 KB	• 1 min. of streaming video (standard)	2 MB
• 1 email (with standard attachment)	300 KB	• 1 min. of streaming video (HD)	5.1 MB
• 1 web page	1 MB	• 1 song downloaded	4 MB
• 1 social media post with photo	500 KB		

Note: Data usage varies by device. The above examples are based on averages and are estimates only. The actual amount of data used for the described activity can vary.

1MB = 1,024KB

1GB = 1,024MB

